Abstract

A method of producing a carbon nanostructure is provided which can increase evenness of a shape and a purity of the carbon nanostructure and can reduce a production cost. In a method of producing a carbon nanostructure, a carbon crystal is grown by vapor phase epitaxy from a crystal growth surface of a catalyst base [[(17)]] including a catalyst material [[(11)]], and the catalyst base [[(17)]] is formed by diameter-reduction processing. The catalyst base [[(17)]] is preferably formed as an aggregate including an arrangement of a plurality of catalyst structures each formed with a non-catalyst material [[(12)]], a material not having a substantial catalytic function for growth of the carbon crystal, formed on at least a portion of a side surface of the catalyst material [[(11)]] of a columnar shape having the crystal growth surface as a top surface. In addition, a non-catalyst material [[(15)]] is preferably formed on at least a portion of a side surface of the aggregate, and the catalyst structures preferably have variations of at most CV 10% in surface areas of the catalyst material [[(11)]] on the crystal growth surface.